# **Between Families**

Our Mission

Devoted to the Strength of Family

DIRECTOR'S CORNER BY: GAVEN LUDLOW, MSW AND MBA DIRECTOR OF RESOURCE FAMILY SERVICES

#### Hello Families,

each year, but unfortunately

one third of resolutions are

and over half by July. The

expecting my 'willpower' to

suddenly work better and be

stronger just because I said 'I

Goals Set

**Recruit Helpers** 

**Evaluate Progress** 

Adjust Plans

Take the Successes

Goals Set: By writing them down,

primary struggle I face is

So how do we go about

want to do it.'

on being GREAT!

broken by the end of January

Editors Jason Cecil

#### Volume 21, Issue 1

#### Director's Corner

Recruitment Moment

I Need You-Do You Need Me?

Dear Daisy

Care Providers of the Month

Preserving Your Relationship While Providing Foster Care

Preserving Your Relationship While Providing Foster Care Q&A

Children's Alliance Training Calendar

TFI Family Services, Inc. is licensed by the State of Kansas Department of Health and Environment as a Child Placing Agency. License No. 766

we make the resolution real. This is a key starting point and The New Year is upon us and with something you can look back to, it comes the chance to start this put in your wallet/purse, or pin to year off in a GREAT way! Yes, the visor in your car as a that's right it means a New Year's reminder. As you set your goals, resolution plan. Most people remember to be realistic. That make some form of resolution

has often been a struggle for me in the past when I set goals like most are unable to stick to them 'go to the gym every day' or 'get (I've been there!). In fact nearly back to my pant size in high school.' In all honesty to myself, I don't really want to go every day and my body is just not the same anymore. I just wanted to be healthier so I could play with my daughter. The why of my goal changed the goal to something personal and realistic 'to lose 20 pounds so my knee lasts longer.' So setting goals that can be changing that pattern? For me, reached and you know the why that has come down to focusing

> Recruit Helpers: Let's face it, when others know what we are working toward, we try harder. So don't be shy about telling people your goal and even asking them for help. It can be as simple as having someone that knows to ask you each week how you are doing on the goal,

of wanting it helps them stick.

to enlisting someone to do it along with you. There is so much power in connection, use it.

Evaluate Progress: I love the saying "Inspect what you Expect." So if you are dedicated to the change, track it, review it, and know how you are doing.

Adjust Plans: Use that evaluation to see if you are on track. If you are on track, awesome. If not, what might be changed, who else might help you, and how do you potentially change the plan to get to that goal.

Take the Successes: Even if you do not fully reach the goal, take the positive from it. I do this all the time because there is almost always some success even when we do not quite hit the mark.

As people that take on so much as a Resource Family, remember to take on things that recharge, invigorate, and push you. That is really what resolutions are about!

Gaven Ludlow, Director of Resource Family Services, MSW and MBA

Recruitment Moment BY: JASON CECIL, RECRUITMENT MANAGER

First let me say I hope everyone had a good holiday season and happy New Year. We all know the stress and time crunch that come with the holiday season. We also know the joy we get from spending time with our immediate and extended families. What about those children who do not get to spend time with their parents or siblings.....now is your chance to change that.

Along with our Teen Incentive program, TFI is starting a Sibling Placement promotion. We are asking you to open your home and take a sibling set, if you have the availability, to help keep these children stay together. Starting January 1st, if you take 2 or more siblings and maintain a placement for 90 days, TFI will issue you a \$50 gift card per child for helping keep these children placed together. (This must be your first sibling group placement)

If you already have a sibling set in your home this is your opportunity to refer and support a family who has not taken a sibling group. If you do this and they are successful in their placement, you will also receive a \$100 gift card as an incentive to help support this family through their first sibling placement.

If you would like to know more about these incentive programs please contact your resource worker or call me at the Pittsburg office. I can be reached at 620-231-1069 or via email at icecil@tfifamily.org Thank you to everyone who chooses to participate to help our Kansas youth. ~ Jason Cecil, Recruitment Manager



Welcome New Resource Families

Dana Badders Michael and Sarah Lewis Penina Ruto Henri Jean Howie Michael and Wendy Porembski Terry and Rachel Forsberg Maria Drinkard Jacob and Carissa Bollhoefner/Shaffer Buddy and Elizabeth Willis **Dixie Secrest** Christopher and Deanna Myers Rachel and Jennifer Barrett/Kling Joshua and Emily Tucker Kelly and Karen Cooper Mark and Jamie Koehler Richard and Sue Ake Brett and Jennifer Simons Jorge and Denise Bernadac Alvina Harrelson Latasha Berry John and Kimberly Crawley Jeremy and Tara Caulkins



For after hour emergencies, please call 1-877-921-4114.

TFI Family Services, Inc. will be closed the following days in January: Tuesday, January 1st Monday, January 21st

Visit TFI's website and view Between Families newsletter online at www.tfifamilyservices.

## Dear Daisy

Dear Daisy:

We are a foster home interested in adoption, but have been told we have to have a home study to get information about children on the adoption websites. How do we go about this?

Sincerely,

Wanting to Adopt

Dear Wanting:

A family wanting to adopt must first have a child identified in order to start the home study process. If the child is a TFI contract child and when interest is expressed by a family, that triggers the home study process. A worker would contact you, get the home study packet to you, complete interviews, and draft your home study.

If a family is interested in a child who is contracted with another agency, that agency can either write the home study or subcontract with TFI to write it. If the child is from another state – a private agency can write the home study for the family for a fee.

Please contact your resource worker if you have any other questions.

Sincerely,

Daisy

## Southeast Region Care Provider of the Month Joseph and Glenda Johnson

Joseph and Glenda Johnson are nominated as the Southeast Region Care Providers of the Month. Joseph and Glenda have taken placement of four sibling sets since being licensed in August of this year. Three of the sibling sets have obtained permanency with parents or relatives while placed in Joseph and Glenda's homes.

Joseph and Glenda work in partnership with TFI and biological families. They currently transport a sibling set to Pittsburg for weekly visits and allow the children's grandparents to visit in the home. They also allow the parents of another siblings set to visit in the home three times per week.

Although Joseph and Glenda have not been licensed for very long, they are dedicated to supporting families. They are willing to do whatever it takes to help families maintain contact, even if that means driving over 250 miles each week or opening their home for visits.

Submitted by, Chelsea Gilbert—RFS, Iola

## West Region Care Provider of the Month Mike and Christy Bursack

Mike and Christy Bursack are nominated as the West Region Care Providers of the Month. Mike and Christy have been Resource Parents since December of 2011. In this short time they have been amazing Resource Parents and an amazing Resource Home. They have done their best to support the children placed in their home. They have included the children as family members, becoming involved in their lives just as they have in the lives of their own children. Some of the things they have done are closely monitoring school grades and helping in the home with school work. They have worked to set up additional educational help through tutoring after or before class to get help from teachers. They have encouraged the children to become involved in extracurricular school activities, and they have supported the children becoming involved in sports either through the school or community. The support they have given children placed in their home is both emotional and financial including soccer equipment and uniforms, musical instruments for a child to enroll in band, and attendance at the school and sports events.

In addition to the support they give the children placed in their home, they have also shown support to TFI. There was an occasion when they agreed to travel almost 200 miles to pick up a child for respite. They have been active in taking placements to medical appointments with a specialist, to family visits, from family visits, and to mental health appointments outside the county. They have volunteered to keep a difficult respite placement beyond normal respite time just so the child would not have to have multiple moves prior to new long-term placement being found. Their willingness to lend a helping hand, meet an extra need of a child and the child's family, and assist their worker is greatly appreciated.

To Mike and Christy — We appreciate the terrific job you are doing.

Submitted by,

#### Teresa Waggoner, RFS—Winfield

## Northeast Region Care Provider of the month Mike and Sally Williams

Mike and Sally Williams have been nominated as the Northeast Region Care Providers of the Month. Mike and Sally have been foster parents with TFI for almost 7 years. Although they have busy schedules and are unable to take long-term placements, Mike and Sally are always willing to help provide respite/emergency placements and at times in a pinch. Mike and Sally have provided close to 30 respites/emergency placements since getting their license in 2006. Most recently, Mike and Sally have been a "buddy family" to another TFI home that has recently moved into their area. Mike and Sally have been willing to provide weekend respites for a brother and sister giving their placement a much needed break. Mike and Sally provide every child that comes to stay at their home with food, fun and family time. Mike and Sally are proof that providing care looks different for every family and are happy they have the opportunity to help other families in need.

Submitted by,

Megan Ward, RFS—Overland Park

## Packing Lunch, Saving Green! Submitted by Sara Willimon, Communication Specialist

If you're like many other families, you're currently experiencing post-holiday financial constraints. One way to cut back on costs is to pack lunches for your kids and for yourself. Take boxed lunches to the next level of saving and going green by buying foods in bulk rather than individual packages and packing them in reusable containers, like the "laptop lunch" which is styled after the popular Japanese bento box and all reusable. Switching from individually packed items could save your family an estimated \$250/year!

Picture: www. laptoplunches.com Source: http://www.sierraclub.org/tips/parents.aspx



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## Resource Family Anniversaries

"One Year" Gregory and Dana Meyer Michelle Regular Richard and **Cheryl Karleskint** Shelia Hines Brandon and Janelle Gregory Michelle Miller Peter and Annah Clark Laird and Brandy Veatch Lutricia Felix Wanda Novack Angela Crumer Joseph and Darcy Strong LaTasha Mewborn

"Three Years" Evert and Amanda Ludlum/Keller Debra Maestas Mark and Melinda Hegeman Tarah Cockrell Tracy Sharp-Marion Gregory and Sonya Karpe

**"Five Years"** Margaret Breen

## I NEED YOU—DO YOU NEED ME?

German is a young man who enjoys playing basketball, football and wrestling. His favorite class in school is Math. German will need some assistance, due to his visual impairment and behaviors, in order to successful in school. He is very intelligent and at times has taken on a leadership role at school or for activities. When he grows up he would like to be a firefighter. German will need continued therapeutic services to address his anger and loss issues. He would like a forever family that will accept him for who he is and not try to change him. He would also benefit from having a strong male role model in his life. German would do best with a family that is active and likes to stay busy.



For more information on German, please contact Jerilyn Curless at 316-322-0260.

#### Preserving Your Relationship While Providing Foster Care A Self-Study

All of us do the best we can with what we know—information we are given, how we are raised, our experiences, etc. There are no bad people, but we are not all operating with the same information and experiences. This training is meant to provide perspectives and methods to strengthen your bond, reduce stress, and build on strengths in your own relationship while serving as a resource home.

#### Homework Assignment

This self-study training begins with a homework exercise. Using a blank sheet of paper, complete the following sentences and write them down for your partner. If you are not currently in a relationship think of your most appreciated support person.

1. Lappreciate	
2. I have been told by others that you	
3. Because you support me I am able to	<u>,</u>

In the next week, share this paper with your partner in a sneaky way that will allow them to find it, read it, and experience it genuinely on their own. Sneak it into their car overnight, fold it up and leave it in their lunchbox, or mail it to them! The point is, let them experience the joy in a genuine way, without an audience, so they may smile, shed a tear, or roll their eyes in solitude. Make an effort in small ways, such as this exercise, to appreciate your partner and let them know that you're glad to be in this together. Life is stressful, relationships take work, and providing foster care on top of that is not easy. Stopping to think about and express gratitude can only help and what a wonderful way to model a healthy relationship to a child or children who may not have had the opportunity to see a healthy relationship in action.

#### Defining a Healthy Relationship

A healthy relationship is safe for both partners. It encompasses physical safety, emotional safety, commitment safety, and community safety.

Physical Safety—This is safety from physical harm. Healthy relationships do not include hitting, pushing, or any physical hurting. This is especially important when providing foster care because not all foster children have experienced a relationship or witnessed relationships that are physically safe.

Emotional Safety—This is safety from put-downs, shaming, and ridicule. Emotional safety allows both partners to be vulnerable without the fear of their disclosure being used to ridicule them later and sets a stage for consistently finding value in your partner.

Commitment Safety—This is safety from threats of leaving or divorcing. Healthy relationships include communication about how the relationship is going, including problems and progress, but to feel entirely safe partners must send a message that they are "in it for the long haul" without threats to leave, divorce, or be unfaithful. This, too, is very important to think about when providing foster care as some foster children are used to threats to have them moved. Witnessing foster parents who threaten to leave one another do not make children feel safe in your home and they may begin to wonder when they, too, will be made to leave.

Community Safety—This is safety in the community, meaning our homes, our neighborhoods, and our various groups/communities. Valuing one another in the community is just as important to being a good partner at home.

#### Communication Danger Signs

There are several danger signs that let us know we're moving in the wrong direction. Arguing, consulting, negotiating and making tough decisions are all a part of relationships. But when we find ourselves escalating, invalidating, making negative interpretations and withdrawing, it might be time to work on our communication skills.

Escalation can look like a power struggle with neither party wanting to back down or give in, or it can look more like one partner feeding into manipulation. Escalation can also include toxic talking—taking the communication to a level of cursing, put-downs, shaming, or name-calling. When communication escalates, it's sometimes best to call a time-out and reschedule the conversation for a time when both partners are calm and able to think more clearly with less emotion involved. The more heated a discussion gets, the more our brain clicks over from logical thinking to emotional thinking. Think fight or flight. As we become aroused and upset, our emotions tend to take over and taking a time-out can allow us time to calm down and have a more logical discussion. Taking a break from the discussion is not meant to be used as time to reload while your partner calms down, and think of comebacks and all the zingers you wish you would have thought of before, as that's not offering emotional safety!

Taking a break also needs to be agreed upon and set up in a way that does not invalidate your partner. While saying "this is not worth my time to talk about," can make your partner feel invalidated, saying "I just got home after a long day and need a little time to think about this. Can we pick this topic up again right after dinner?" validates that not only is the topic worth discussion, but that your partner wanting to talk about it makes it worth of your time and effort.

We need to assume good intent from our partners. After all, we chose them above all others to be in a relationship with. When your spouse has an emergency at work and comes home ten minutes late, throwing off the routine of dinner, instantly assuming that he or she did this on purpose to ruin your evening is a negative interpretation. We are always taking in information and interpreting it based on our own experiences, thoughts and feelings. Taking the extra step to have healthy communication over something like this (for example, learning that a co-worker had to leave for a family emergency and your partner stayed 10 minutes late to help finish up an important project for him) can make a world of difference. We are all human and we all make mistakes—we say the wrong thing at the wrong time, we say something that comes out insensitive or all wrong, or we're being overly sensitive and read too much into something. Know when you've said something insensitive and apologize. If your partner says something insensitive, understand that it was a silly comment that doesn't need to ruin the day. Be willing to apologize, forgive, and move past this. Finally, try not to withdraw in a way that says to your partner "I'm done, not worth talking about it, and don't bring it up again." Finish discussions, even if you need to reschedule them for later. It's not healthy to go to bed yelling and wake up happy, never reaching any resolution, and it's not healthy for your children or foster children to witness this. Witnessing or being a part of an argument is not nearly as unhealthy to children as witnessing parents who never resolve anything or never give one another permission to have feelings.

#### Love Styles

There are six love styles: Be, Do, Encourage, Give, Talk and Touch. Be means valuing being together, spending time with one another. Do means doing things for your partner, or doing things that make your partner happy. Encourage means to support your partner with your words, to be their cheerleader. Give means to give tangible gifts to express your love. Talk means talking on a deep level, actually conversing and learning new things about one another, connecting with your partner and using active listening. Touch means hugs, kisses, pats on the back, holding hands, high fives to recognize when your partner did great at something.

Knowing your own love styles and your partners love styles can help you better express yourself and better understand your partner. For example, a male may have more of a "Do" style—he may spend all day Saturday mowing, trimming, raking, mulching, running errands, etc.—all the while thinking he's doing this great thing for his partner. The yard is taken care of, looks nice, errands were completed, and he's beside himself with pride over what he's done for her. A female, on the other hand, may have more of a "Be" style and may have wanted to spend the day together. Talking, touching, laughing. Will this couple have a good Saturday? Or will one partner feel deflated when he realizes his hard work is being rewarded by his partner being upset at not having seen him all day? While neither partner did anything "wrong" in this scenario, not being aware of their own or their partner's love style created some tension in this relationship. Make time to converse about and learn your partner's style in the following exercise:

#### Homework Assignment

Rate your own love styles, in order from 1 to 6, while your partner does the same. For added fun, rate one another and compare to see if you were right!

	Mine	Theirs		
Be				
Do				
Encourage				
Give				
Talk				
Touch				

Children watch how we treat other people—the young man bagging your groceries, the worker at a fast food drive through window, your partner—and they use this information to create their own worldview, their own loves styles, and their own ideas of healthy relationships.

## Take time, whenever you can, to "nice up" an email, a text message, a phone call. Say please and thank you, express gratitude, and show that you appreciate your partner. When we rush through the day, it's easy to misinterpret others or to be misinterpreted ourselves. Take the following example:

Woman without her man is nothing. Some of you may interpret this as: Woman, without her man, is nothing. While some of you may interpret this as: Woman, without her, man is nothing.

Two very different meanings, but the same words. Take time in your life to express yourself appropriately and know that sometimes you will have to clarify what you meant, or even apologize. Making the effort to do this strengthens your relationships, leaving you feeling more fulfilled and able to take on all of the challenges of foster parenting—and what a great example you set for children placed in your home!

#### Types of Stress

- There are 3 types of stress that we encounter on a regular basis:
- 1. Stress we can anticipate-tax time, holidays, etc. We have time to think about and plan for this type of stress.
- 2. Stress we cannot anticipate—a flat tire, sick child, illness/injury, working late due to an emergency. This kind of stress catches us off guard.
- Ongoing stress—money, relationships, chronic health conditions, job. Without awareness of this type of stress and support to deal with it, this type of stress can be draining to you as a person and to your relationship.

#### Note when you're making progress and celebrate the small steps. Avoid "always" and "never" over-generalizations.

#### Ideas for Your Family

- 1. Make a family "Coat of Arms." Fill in a few of the spaces with things important to your family, but leave a few spaces blank for a new child coming in to add to.
- 2. Make a poster-board sized contract to hang on the wall. Add your family's most important rules about respect and how to treat others, and let a new child coming in add to the contract.

#### Conclusion

Foster care adds stress to your family and to your relationship, and pretending that it does not, does not make it true. Make time to take care of yourself as an individual, as a couple, as a family, and as a foster family!

#### Information gathered from John Bjerum, LMSW, MBA; PREP Inc.; and Family Directed Structural Therapy-KU School of Social Welfare

## Preserving Your Relationship While Providing Foster Care

A Self-Study: Questionnaire

Please use a separate answer sheet for each parent completing this training.

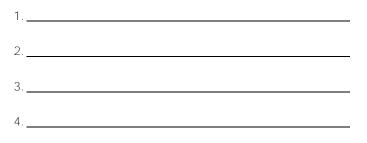
Print name: \_\_\_\_\_ Date:\_\_\_\_\_ Date:\_\_\_\_\_

Signature:\_\_\_\_\_ License #:\_\_\_\_\_

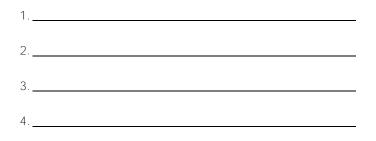
Please read the enclosed article and answer the following questions for a half-hour training credit. If more than one person wishes to receive credit, he/she must use a separate piece of paper and have their own signature and legal name on that page. To receive credit, please mail your answers in a timely manner to:

TFI Family Services, Attn: Barb Newman, PO Box 780086, Wichita, KS 67278

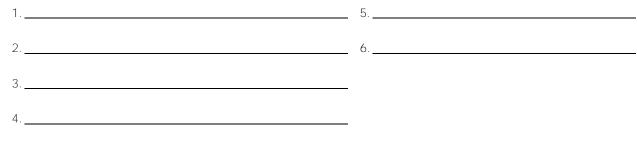
1. What are the four types of safety in a healthy relationship?



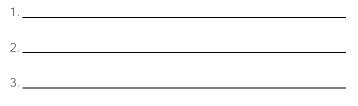
2. What are the four communication danger signs?







4. What are three types of stress that affect your family?



5. Why is it important to nurture your relationship while providing foster care?

### Children's Alliance Training Calendar January 2013

To register for trainings log onto <u>www.childally.org</u> or call

Children's Alliance at (785) 235-5437 ext. 1

Date	Training Title	Begin Time	End Time	Sponsor	Street Address	City	Comments
Jan 1, 2012 to Dec 31, 2012	PS-MAPP Update Online	6:00am	10:00 pm	Children's Alliance	ONLINE	ONLINE	This is a SELF-PACED Online class. You may enroll and start it any time. A copy of your final assessment will go to your caseworker or supervisor. You will receive a certificate upon completion.
Dec 14, 2011 to Dec 31, 2012	ONLINE: Ethics Self-Study	12:00 am	12:00 am	Children's Alliance	ONLINE	ONLINE	Self-Directed online course. You must have a valid email address to take this class.
Jan 1, 2012 to Dec 31, 2012	Medication Administration Online Training	12:00 am	12:00 am	Children's Alliance	ONLINE	ONLINE	Self-Directed online training. You must have a valid email address to enroll.
Jan 1, 2012 to Dec 31, 2012	Universal Precautions Online Training	12:00 am	12:00 am	Children's Alliance	ONLINE	ONLINE	Self-Directed online training. You must have a valid email address to enroll.
Jan 2, 2013	Non-Violent Crisis Intervention Refresher	9:00am	11:00am	DCCCA	421 Van Buren	Topeka	
Jan 4, 2013	American Red Cross First Aid/CPR/A,C,I/UP	8:00am	2:00pm	TFI Family Services, Inc.	217 SE 4 <sup>th</sup> St.	Topeka	
Jan 4, 2013	Children's Health and Safety	9:00am	12:00pm	TFI Family Services, Inc.	1709 W. 7th St.	Chanute	
Jan 5, 2013	Non-Violent Crisis Intervention	9:00am	3:30pm	DCCCA	12351 W. 96 <sup>th</sup> Terrace, Ste. 300	Lenexa	
Jan 8, 2013	Children's Health and Safety	1:00pm	4:00pm	TFI Family Services, Inc.	131 N. Santa Fe	Salina	
Jan 8-Jan 9, 2013	Behavior Crisis Management	12:00pm	3:00pm	The Salvation Army	350 N. Market	Wichita	
Jan 8, 2013	Playing Cinderella	6:00pm	9:00pm	KVC Behavioral Healthcare	21350 W. 153rd St.	Olathe	
Jan 9, 2013	Confidentiality and Ethics	9:00am	12:00pm	TFI Family Services, Inc.	618 Commercial	Emporia	
Jan 10, 2013	Using Social Media in Foster Care	2:00pm	4:00pm	TFI Family Services, Inc.	618 Commercial	Emporia	
Jan 10, 2013	My Mommy Doesn't Make Food Like That	6:30pm	8:30pm	Wichita Children's Home	810 N. Holyoke	Wichita	
Jan 10, 2013	FAS/Brain Damage: The Link to Behavior	9:00am	4:00pm	TFI Family Services, Inc.	8300 College Blvd., Ste. 301	Overland Park	
Jan 11, 2013	First Aid and CPR certification	1:00pm	5:00pm	DCCCA	911 Andover Rd.	Andover	
Jan 12, 2013	Documentation and Reporting	10:00am	12:00pm	Associated Youth Services	1224 Corse Ave.	Larned	Lunch is on your own. Daycare provided. Participants needing daycare need to notify Joanna Bustamante at <u>jbustaman-</u> <u>te@aysusa.org</u> or by calling 620- 272-0499.
Jan 12, 2013	Confidentiality and Ethics	1:00pm	3:00pm	Associated Youth Services	1224 Corse Ave.	Larned	Participants needing daycare need to notify Joanna Bustamante at jbustamante@aysusa.org or by calling at 620-272-0499.
Jan 12, 2013	Cognitive Behavior Training Refresher	9:00am	1:00pm	DCCCA	3312 Clinton Park- way	Lawrence	
Jan 14, 2013	Partnering for a Successful Court Process—Module 1 and 2	6:00pm	9:00pm	TFI Family Services, Inc.	3101 C North Michigan	Pittsburg	This course is divided into 5 modules. Participants must attend all 5 modules to receive credit for this course.

Jan 14, 2013	Strategies for Working with Challenging Behaviors	6:00pm	8:00pm	KVC Behavioral Healthcare	513 S. 13 <sup>th</sup> St.	Leavenworth	
Jan 15, 2013	Partnering for a Successful Court Process	9:00am	4:00pm	TFI Family Services, Inc.	1711 S. Longfellow	Wichita	
Jan 15, 2013	Gangs: Recognition and Identification	6:00pm	9:00pm	KCSL	1545 SW 5 <sup>th</sup>	Topeka	
Jan 15, 2013	Independent Living Resources	6:00pm	8:00pm	KCSL	615 Gillespie Drive	Manhattan	
Jan 15, 2013	Infant and Toddler Developmental Stages	6:00pm	8:00pm	KVC Behavioral Healthcare	Ste. C, 1202 E. 23 <sup>rd</sup> St.	Lawrence	
Jan 15, 2013	Causes and Prevention or Run- ning Behaviors	6:00pm	8:00pm	KVC Behavioral Healthcare	1223 Meadowlark Lane	Kansas City	
Jan 16, 2013	Ansell Casey LifeSkills Training	9:00am	4:00pm	TFI Family Services, Inc.	217 SE 4th St.	Topeka	
Jan 18, 2013	American Red Cross First Aid/CPR/A,C,I/UP	9:00am	4:00pm	TFI Family Services, Inc.	3101 C N. Michigan	Pittsburg	
Jan 18, 2013	American Red Cross First Aid/CPR,A,C,I/UP	8:00am	2:00pm	TFI Family Services, Inc.	217 SE 4 <sup>th</sup> ST.	Topeka	
Jan 19, 2013	Non-Violent Crisis Intervention	9:00am	3:30pm	DCCCA	1319 W. May	Wichita	
Jan 19, 2013	Working with Sex Offenders	9:00am	12:00PM	DCCCA	3312 Clinton Park- way	Lawrence	
Jan 21, 2013	Pervasive Development Disorder	6:00pm	8:00pm	KVC Behavioral Healthcare	11 S. Highland	Chanute	
Jan 21, 2013	Medical Administration	6:00pm	8:00pm	KVC Behavioral Healthcare	Ste. 1B 2942 Wanamaker Dr.	Topeka	
Jan 22, 2013	Partnering for a Successful Court Process-Module 1	6:00pm	8:00pm	TFI Family Services, Inc.	217 SE 4 <sup>th</sup> St.	Topeka	This course is divided into 5 modules. Participants must attend all 5 modules to receive credit for this course.
Jan 24, 2013	Bullies and Bullying	10:00am	12:00pm	KVC Behavioral Healthcare	229 N. Walnut	Marion	
Jan. 24, 2013	Life Strategies and Community Resources for Older Children with Disabilities	9:00am	1:00pm	TFI Family Services, Inc.	8300 College Blvd., Ste. 301	Overland Park	
Jan 24, 2013	Positive Discipline	6:00pm	8:00pm	KCSL	1365 N. Custer	Wichita	
Jan 26, 2013	First Aid and CPR certification	9:00am	1:30pm	DCCCA	12351 W. 96 <sup>th</sup> Ter- race Ste. 300	Lenexa	
Jan 26, 2013	Trauma Informed Care	9:00am	3:30pm	DCCCA	12351 W. 96 <sup>th</sup> Ter- race Ste. 300	Lenexa	
Jan 26, 2013- Feb. 2, 2013	Cognitive Behavior Training	9:00am	3:30pm	DCCCA	3312 Clinton Park- way	Lawrence	
Jan 26, 2013	Learning Disabilities and Social Skills: Last One PickedFirst One Picked On	10:00am	12:00pm	The Salvation Army	350 N. Market	Wichita	
Jan 28, 2013	Protective Parenting	6:00pm	8:00pm	KVC Behavioral Healthcare	Ste. 200 650 S. Westdale	Wichita	
Jan 28, 2013	Partnering for a Successful Court Process-Module 1 and 2	6:00pm	9:00pm	TFI Family Services, Inc.	1919 S. Horton	Ft. Scott	This course is divided into 5 modules. Participants must attend all 5 modules to receive credit for this course.
Jan 29, 2013	Partnering for a Successful Court Process-Module 1 and 2	5:30pm	8:30pm	TFI Family Services, Inc.	618 Commercial	Emporia	This course is divided into 5 modules. Participants must attend all 5 modules to receive credit for this course.
Jan 29, 2013	Raising Your Safety Awareness	10:00AM	3:00pm	TFI Family Services, Inc.	116 S. 4 <sup>th</sup> St.	Manhattan	
Jan 30, 2013	Using Social Media in Foster Care	2:00pm	4:00pm	TFI Family Services, Inc.	217 SE 4 <sup>th</sup> ST.	Topeka	

#### January 2013 Support Meetings

Burtton: Thursday, January 10, 2013 at 6:00pm at the South Hutchinson Chrisitan Church. Topic: TBA Chanute: TBA Concordia: Tuesday, January 22, 2013 at 6:30pm. Topic: Reporting Allegations and Concerns. El Dorado: Thursday, January 10, 2013 from 6:00pm to 7:30pm at the El Dorado TFI office, 3913 SW 10th St., El Dorado, KS. Topic: Behavior and Discipline. Emporia: Tuesday, January 29, 2013 from 5:30pm to 8:30pm at the TFI Emporia office, 618 Commercial, Emporia, KS. Topic: Partnering for a Successful Court Process (Modules 1 and 2). Eort Scott: Monday, January 28, 2013 from 5:30pm to 8:30pm at the Community Chrisitan Church, 1919 S. Horton, Ft. Scott. Topic: Partnering for a Successful Court Process Part 1. Garden City: Monday, January 14, 2013 from 6:30pm to 8:30pm at the First Christian Church, 306 N. 7th St., Garden City. Topic: Helping Young Children Deal with Anger. Independence: TBA. lola: Thursday, January 10, 2013 from 6:00pm to 8:00pm at the Iola TFI office, 1702 N. State St., Iola, KS. Topic: Independent Living Skills. Kansas City: Tuesday, January 8, 2013 at 6:00pm at the Kansas City TFI office, 1333 Meadowlark Lane, Ste. 205, Kansas City, KS. Topic: Behavioral Transformation. Leavenworth/Atchison: Thursday, January 24, 2013 at 6:00pm at the Leavenworth Public Library, 417 Spruce St., Leavenworth, KS. Topic: Reporting Critical Incidents and Reviewing the APLI scoring tool. Lawrence: Thursday, January 17, 2013 from 6:00pm to 8:00pm at the Lawrence TFI office, 910 W. 24th St., Lawrence, KS. Topic: Love and Logic Parenting Solutions Part 2. Manhattan: Monday, January 14, 2013 from 6:00pm to 8:00pm at the Manhattan TFI office, 116 S. 4th St, Manhattan, KS. Topic: MADD Power of Parents on brain development. Overland Park: Monday, January 14, 2013 from 6:00pm to 7:30pm at the Overland Park TFI office, 8300 College Blvd., Ste. 301, Overland Park, KS. Topic: Fun Activities: For When Winter Weather Traps You Indoors. Parsons: TBA Phillipsburg: TBA. Pittsburg: Monday, January 14, 2013 from 5:30pm to 8:30pm at Schlanger Park, 725 E. 6th St., Pittsburg, KS. Topic: Partnering for a Successful Court Process Part 1. Salina: Thursday, January 24, 2013 from 6:00pm to 8:00pm at the Salina TFI office, 131 N. Santa Fe, Salina, KS. Topic: Kindergarten Readiness. Topeka: Tuesday, January 22, 2013 from 6:00pm to 8:00pm at the Topeka TFI office, 217 SE 4th St., Topeka, KS. Topic: Partnering for a Successful Court Process, Module 1. Wellington: Tuesday, January 15, 2013 from 5:30pm to 7:30pm at the McKinley Building, 514 N. Olive, Wichita, KS. Topic: Dishonesty, Moral Development in Children.

Winfield: TBA Wichita: Tuesday, January 15, 2013 at 6:30pm at the Wichita TFI office, 1711 S. Longfellow, Wichita, KS. Topic: Do's and Don'ts of Social Media and Regulations set by KDHE.

