



Training Opportunities March/April 2021

The TFI Family Services Training Department is happy to provide a bi-monthly list of exciting and informative in-person and webinar trainings. Please share the list with your foster parents, adoptive parents, those interested in foster/adoption, and any child welfare professionals who may be interested in attending.

Class Enrollment

Kansas

TFI/MNS staff members should enroll through Agency Academy on LMS365. Foster parents, and other child welfare professionals should enroll through the Kansas Children's Alliance website – <http://childdaily.gosignmeup.com>. A free account is required to enroll on the CA site. If you do not have an account, please select the "Create Account" option on their training page. You will receive an automated e-mail confirming your enrollment. A separate e-mail will be sent from the trainer with your login information approximately 24 hours prior to the start time.

Other States

TFI/MNS staff members should enroll through Agency Academy on LMS365. Foster parents and other child welfare professionals located outside of Kansas should enroll through the MNS website. To sign up for a free training go to <https://mnstraining.eventbrite.com>. Once you have selected the class(es) you want, enter **TFI** as the promotional code at checkout. You will receive an automated e-mail confirming your enrollment. A separate e-mail will be sent from the trainer with your login information approximately 24 hours prior to the start time.

If you do not receive the link to your class by the morning of the training, or you have any questions or concerns, please e-mail our Training Department at KSPTStaff@tfifamily.org.



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Training Opportunities

March/April 2021

LIVE WEBINAR TRAININGS

PTSD In Children and Teens

CA # 110599

March 1, 2021 6:00pm-7:00pm

Trainer: Hettie Wilson

Participants will be able to define PTSD as it pertains to children and teens. Additionally, participants will gain understanding into the events that lead to PTSD in children and be able to identify the signs and symptoms of this diagnosis. Risk factors and protective factors that may influence a child's likelihood of experiencing PTSD will be identified. Participants will be able to recognize the various way PTSD can affect children and teens and acquire skills in responding to a child's PTSD reaction. Finally, participants will learn ways to treat and prevent PTSD in children.

Identifying Children's Learning Strengths

CA # 110602

March 3, 2021 3:00pm-4:00pm

Trainer: Lora Bruce

Participants will understand the 3 main types of learning styles (Visual, Auditory and Kinesthetic) and acquire strategies to use with each type of strength to make learning easier.

Domestic Violence and Teen Dating

CA # 110606

March 4, 2021 7:00pm-9:00pm

Trainer: DeAnna Colahan

Participants will be able to define dating, learn various risk factors of domestic violence in teen dating, identify types of violence teens encounter through dating, gain understanding of the long-term effects of violence on teens, and acquire prevention strategies to reduce domestic violence in teen dating.

Partnering For A Successful Court Process

CA # 110609

March 6, 2021 10:00am-11:00am

Trainer: Renee Lilley

This training will educate child welfare professionals and foster parents on what to expect during the court process involving foster care.



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Training Opportunities

March/April 2021

Parenting Children With Special Needs

CA # 110610

March 8, 2021 2:00pm-3:00pm

Trainer: Lora Bruce

Gain an understanding of the most common types of special needs physical, developmental, behavioral/emotional, and sensory impaired. Participants will understand the different approaches of being a parent with a special needs child. Discuss different parenting styles to understand which style parents can relate with the most.

Compassion Fatigue

CA # 110614

March 9, 2021 7:00pm-9:00pm

Trainer: DeAnna Colahan

This class will provide learners with the ability to:

- Recognize the different between burnout, compassion fatigue, and secondary traumatic stress, while identifying the potential impact on those in the serving professions.
- Utilize a variety of options for assessment of compassion fatigue and secondary stress.
- Identify risk factors and utilize protective factors for those working with children in child welfare.
- Discover options for interventions and prevention of compassion fatigue and secondary stress.

Reporting and Recognizing Child Abuse and Neglect

CA # 110616

March 10, 2021 2:00pm-3:30pm

Trainer: Hettie Wilson

The focus of this training will cover the definitions and types of abuse and neglect. We will review the signs and symptoms of abuse and neglect as well as mandated reporting. This training includes protective factors to minimize risks and improve resilience in children. This session will also include facilitated group discussion on this topic.

Reducing Disruptions

CA # 110617

March 11, 2021 1:00pm-2:00pm

Trainer: Renee Lilley

Participants will be able to define disruption as it pertains to foster care and factors that contribute to them. Learning about the effects disruptions can have on the child and acquire knowledge of interventions and strategies for reducing disruptions will also be covered.



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Training Opportunities

March/April 2021

Domestic Violence and Child Development

CA # 110618

March 15, 2021 6:00pm-7:00pm

Trainer: Hettie Wilson

Participants will leave this training with a clear understanding of domestic violence; what constitutes domestic violence, statistics concerning victims of domestic violence, and the cycle of domestic violence. Participants will also be provided with information concerning the impact of domestic violence on children and child development, including the possibility of children exposed to domestic violence growing to become perpetrators and victims of domestic violence in adulthood.

Cultural Competency

CA # 110644

March 18, 2021 10:00am-12:00pm

Trainer: Renee Lilley

This training will go over disparities and disproportionality among populations of children in child welfare. We will define what cultural is and the important part it plays in the foster care system. Participants will be able to understand how cultural factors influence how children may identify, interpret, and respond to traumatic events. Tools and tips will be discussed on bring cultural awareness to professionals and caregivers.

Emotional Resilience

CA # 110619

March 18, 2021 7:00pm-9:00pm

Trainer: DeAnna Colahan

Participants will recognize the effects of stress and define Emotional Resilience. Additionally, learners will be able to identify attitudes of resilience and how resilience works. Much of the presentation focuses on learning the keys to increasing emotional intelligence, as well as pinpointing strategies to teach resilience to children. Finally, learners will acquire skills to increase resilience and make a lasting change.



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Training Opportunities

March/April 2021

Substance Abuse and Adolescents

CA # 110620

March 19, 2021 10:00am-11:00am

Trainer: Lora Bruce

This training will provide the audience with information about substance abuse with an emphasis on adolescent usage. The audience will be provided the knowledge needed to understand substance abuse, recognize the signs of use, understand the addiction, treatment, and recovery process, and be provided useful tips for assisting adolescence in making healthy choices and working through substance abuse problems.

Attachment, Separation, Grief, and Loss

CA # 110621

March 24, 2021 4:00pm-5:30pm

Trainer: Lora Bruce

This training will identify the challenges of facing attachment, separation, grief, and loss due to the transitional nature of caring for foster children. Participants will examine the different attachment styles, cultivate their abilities to be thoughtful and responsive to foster children's needs, and identify coping skills and strategies for foster parents and children as they progress toward the formation of more healthy and secure attachments. Participants will also explore the 5 stages of grief, with examples of how they may be expressed in the foster care system, gain knowledge in preventative measures, and learn to identify coping skills and resilience factors to manage grief and loss.

Safe Sleep Practices

CA # 110622

March 24, 2021 7:00pm-9:00pm

Trainer: DeAnna Colahan

Participants will come away from this training with an understanding of safe sleep practices, and will be provided with a definition of Sudden Unexpected Infant Death (SUID) and learn the three types which includes Sudden Infant Death Syndrome (SIDS). Participants will be provided with SIDS Facts, SIDS Statistics, SUID and SIDS statistics, and statistics in regard to race and ethnicity. Participants will gain an understanding on what SIDS is not, including dispelling myths about SIDS. Participants will also learn how to reduce the risk of SIDS and tips for recovering from SIDS.



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Training Opportunities

March/April 2021

Attachment, Separation, Grief, and Loss

CA # 110623

April 1, 2021 6:00pm-7:30pm

Trainer: Hettie Wilson

This training will identify the challenges of facing attachment, separation, grief, and loss due to the transitional nature of caring for foster children. Participants will examine the different attachment styles, cultivate their abilities to be thoughtful and responsive to foster children's needs, and identify coping skills and strategies for foster parents and children as they progress toward the formation of more healthy and secure attachments. Participants will also explore the 5 stages of grief, with examples of how they may be expressed in the foster care system, gain knowledge in preventative measures, and learn to identify coping skills and resilience factors to manage grief and loss.

Abusive Head Trauma

CA # 110624

April 1, 2021 7:00pm-9:00pm

Trainer: DeAnna Colahan

Participants will learn about the warning signs which lead up to Shaken Baby Syndrome and how to care for children placed in foster care who have suffered from abusive head trauma.

Identifying Children's Learning Strengths

CA # 110625

April 6, 2021 11:00am-12:00pm

Trainer: Lora Bruce

Participants will understand the 3 main types of learning styles (Visual, Auditory and Kinesthetic) and acquire strategies to use with each type of strength to make learning easier.

Discipline

CA # 110626

April 6, 2021 7:00pm-9:00pm

Trainer: DeAnna Colahan

Participants will understand the 3 main types of learning styles (Visual, Auditory and Kinesthetic) and acquire strategies to use with each type of strength to make learning easier.



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Training Opportunities

March/April 2021

Domestic Violence and Child Development

CA # 110627

April 7, 2021 3:00pm-4:00pm

Trainer: Hettie Wilson

Participants will leave this training with a clear understanding of domestic violence; what constitutes domestic violence, statistics concerning victims of domestic violence, and the cycle of domestic violence. Participants will also be provided with information concerning the impact of domestic violence on children and child development, including the possibility of children exposed to domestic violence growing to become perpetrators and victims of domestic violence in adulthood.

Reducing Disruptions

CA # 110628

April 9, 2021 10:00am-11:00am

Trainer: Renee Lilley

Participants will be able to define disruption as it pertains to foster care and factors that contribute to them. Learning about the effects disruptions can have on the child and acquire knowledge of interventions and strategies for reducing disruptions will also be covered.

PTSD In Children and Teens

CA # 110629

April 12, 2021 3:00pm-4:00pm

Trainer: Hettie Wilson

Participants will be able to define PTSD as it pertains to children and teens. Additionally, participants will gain understanding into the events that lead to PTSD in children and be able to identify the signs and symptoms of this diagnosis. Risk factors and protective factors that may influence a child's likelihood of experiencing PTSD will be identified. Participants will be able to recognize the various way PTSD can affect children and teens and acquire skills in responding to a child's PTSD reaction. Finally, participants will learn ways to treat and prevent PTSD in children.



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Training Opportunities

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Domestic Violence and Teen Dating

CA # 110630

April 14, 2021 7:00pm-9:00pm

Trainer: DeAnna Colahan

Participants will be able to define dating, learn various risk factors of domestic violence in teen dating, identify types of violence teens encounter through dating, gain understanding of the long-term effects of violence on teens, and acquire prevention strategies to reduce domestic violence in teen dating.

Cultural Competency

CA # 110645

April 16, 2021 10:00am-12:00pm

Trainer: Renee Lilley

This training will go over disparities and disproportionality among populations of children in child welfare. We will define what cultural is and the important part it plays in the foster care system. Participants will be able to understand how cultural factors influence how children may identify, interpret, and respond to traumatic events. Tools and tips will be discussed on bring cultural awareness to professionals and caregivers.

Parenting Children With Special Needs

CA # 110631

April 17, 2021 10:00am-11:00am

Trainer: Lora Bruce

Gain an understanding of the most common types of special needs physical, developmental, behavioral/emotional, and sensory impaired. Participants will understand the different approaches of being a parent with a special needs child. Discuss different parenting styles to understand which style parents can relate with the most.

Reporting and Recognizing Child Abuse and Neglect

CA # 110632

April 19, 2021 6:00pm-7:30pm

Trainer: Hettie Wilson

The focus of this training will cover the definitions and types of abuse and neglect. We will review the signs and symptoms of abuse and neglect as well as mandated reporting. This training includes protective factors to minimize risks and improve resilience in children. This session will also include facilitated group discussion on this topic.



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Training Opportunities

March/April 2021

Substance Abuse and Adolescents

CA # 110620

April 21, 2021 3:00pm-4:00pm

Trainer: Lora Bruce

This training will provide the audience with information about substance abuse with an emphasis on adolescent usage. The audience will be provided the knowledge needed to understand substance abuse, recognize the signs of use, understand the addiction, treatment, and recovery process, and be provided useful tips for assisting adolescence in making healthy choices and working through substance abuse problems.

Compassion Fatigue

CA # 110634

April 22, 2021 7:00pm-9:00pm

Trainer: DeAnna Colahan

This class will provide learners with the ability to:

- Recognize the different between burnout, compassion fatigue, and secondary traumatic stress, while identifying the potential impact on those in the serving professions.
- Utilize a variety of options for assessment of compassion fatigue and secondary stress.
- Identify risk factors and utilize protective factors for those working with children in child welfare.
- Discover options for interventions and prevention of compassion fatigue and secondary stress.

Partnering For A Successful Court Process

CA # 110635

April 27, 2021 1:00pm-2:00pm

Trainer: Renee Lilley

This training will educate child welfare professionals and foster parents on what to expect during the court process involving foster care.

Emotional Resilience

CA # 110636

April 28, 2021 7:00pm-9:00pm

Trainer: DeAnna Colahan

Participants will recognize the effects of stress and define Emotional Resilience. Additionally, learners will be able to identify attitudes of resilience and how resilience works. Much of the presentation focuses on learning the keys to increasing emotional intelligence, as well as pinpointing strategies to teach resilience to children. Finally, learners will acquire skills to increase resilience and make a lasting change.



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TRAINER BIOGRAPHIES

Lora Bruce is a Training Specialist in Area 4 out of the Ottawa, KS office for TFI Family Services. She earned her bachelor's degree in Organizational Leadership at Fort Hays State University. Lora has experience working within preschools, daycares, and PRTF's. She also is proficient in customer service, youth mentoring, and collaboration.

Renee Lilly is a Training Specialist in Area 8 out of the Wichita, KS office for TFI Family Services. Renee holds a degree in Psychology with an emphasis in Child Development. Renee has 13 years of training and child welfare experience in the areas of Parent Education, Kinship Navigation, Child Care Resource and Referral, and Foster Care.

Hettie Wilson is a Training Specialist in Area 4 out of the Chanute, KS office for TFI Family Services. Hettie has many years of experience working within pre-school and child welfare programs. She is a parent to four daughters and loves being a mother. Hettie is proficient in collaboration, communication and advocacy.

DeAnna Colahan is a contract Trainer for TFI Family Services in Topeka, Kansas. She also provides pre-service trainings for NTDC. In addition to training, Deanna has run a trauma informed daycare for over 11 years. She also is a KAAC (Kansas Adoption Advisory Council) board member, runs a foster/adoptive parent support group, and operates Open Heart Outreach, which distributes clothing to families in need and support and necessities to foster/adoptive families.



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