

**It Takes A Team: Helping Children Prepare For Independence** (Trainer: Lora Bruce)

<i>July 13, 2021</i>	<i>6:00pm-7:00pm</i>	<b>CA # 111046</b>
<i>July 22, 2021</i>	<i>5:00pm-6:00pm</i>	<b>CA # 111045</b>
<i>July 24, 2021</i>	<i>9:00am-10:00am</i>	<b>CA # 111047</b>

This presentation will explore the dynamics and challenges children in foster care face when they "age out" of the system. The different roles of foster parents and community resources will be examined as well as suggestions on how foster parents can assist their foster child/foster children in preparing for transitioning into adulthood and independence.

**Creating Discipline and Appropriate Boundaries** (Trainer: Lora Bruce)

<i>August 5, 2021</i>	<i>1:00pm-2:00pm</i>	<b>CA # 111025</b>
<i>August 14, 2021</i>	<i>10:00am-11:00am</i>	<b>CA # 111026</b>
<i>August 16, 2021</i>	<i>5:30pm-6:30pm</i>	<b>CA # 111027</b>
<i>August 18, 2021</i>	<i>6:00pm-7:00pm</i>	<b>CA # 111028</b>

Participants will gain an understanding of how to use effective discipline, set appropriate boundaries, and how to be flexible when parenting foster children.

**Caring For Teens** (Trainer: Hettie Wilson)

<i>August 3, 2021</i>	<i>11:00am-12:00pm</i>	<b>CA # 111017</b>
<i>August 14, 2021</i>	<i>8:30am-9:30am</i>	<b>CA # 111018</b>
<i>August 17, 2021</i>	<i>9:00am-10:00am</i>	<b>CA # 111019</b>
<i>August 25, 2021</i>	<i>12:00pm-1:00pm</i>	<b>CA # 111020</b>

This training will help you as a parent understand our teenager's experiences and needs so that you can respond with practical strategies that foster healthy development. These strategies include approaches that acknowledge trauma and loss, support effective communication, promote a teen's independence, and address behavior and mental health concerns. Participants will also learn six key steps to prepare for taking in teenagers.