

WHAT IS RYAC?

REGIONAL YOUTH ADVISORY COUNCIL

WHO: ALL Kansas foster youth ages 14 to 20 (eligibility ends when a youth turns 21). Currently experiencing or has experienced out of home placement (foster care) via KS DCF, KDOC-JS or Tribal Authority. All case plan goals are welcome!

WHAT: Meetings provided to youth on a variety of Independent Living (IL) topics to help them learn & understand life skills to gain independence and self-sufficiency as they transition to becoming successful adults. Topics for RYAC include: substance abuse, ACT & college prep, money management, employment & career planning, locating housing, navigating car ownership, self-care, health care, as well as many more....!

WHY: RYAC provides youth an opportunity to meet new friends, learn new life skills and visit with other peers in foster care. It provides the opportunity to become a Kansas Youth Advisory Council (KYAC) member if they so choose. Prize drawings occur on occasion.

WHEN/WHERE: Meetings held twice a month --- via Zoom (times listed below):

Life Skill Saturday: Navigating Housing

09/11/21 10:30am-12:00pm

Wellness Wednesday: Envision & Create Your Future: Vision Boards

09/29/21 6:30pm-8:30pm

Life Skill Saturday: Navigating Car Ownership

10/16/21 10:30am-12:00pm

Wellness Wednesday: Growth Mindset

10/27/21 6:30pm-8:30pm

Wellness Wednesday: Introvert versus Extrovert

11/10/21 6:30pm-8:30pm

Life Skill Saturday: Self-Defense and Staying Safe

11/27/21 10:30am-12:00pm

RSVP: Alex Gladfelter agladfelter@tfifamily.org or Talia Restivo trestivo@tfifamily.org

For all Wellness Wednesday Classes, this Zoom link, meeting ID, and password will work:

<https://us02web.zoom.us/j/83889867382?pwd=MzBxK2VLa1N1dnRwdm9vQnFBTW1qdz09>

Meeting ID: 838 8986 7382 Passcode: 872194

For all Life Skill Saturday Classes, this Zoom link, meeting ID, and password will work:

<https://us02web.zoom.us/j/83281272042?pwd=bHpoUWFsOWo1REJSdE1wYndRdWR1Zz09>

Meeting ID: 832 8127 2042 Passcode: 346336