

Adverse Childhood Experiences (ACEs)

Participants will learn about the ACE study and the examined long-term impacts of various childhood traumatic experiences. This study found long term mental and physical consequences related to 2 or more adverse experiences. They will also learn more about the ACE study and how to help children navigate trauma in a proactive and healing way.

- *September 2, 2021* *12:30pm-2:00pm* *Trainer: Lora Bruce* **CA # 111305**
- *September 9, 2021* *6:30pm-8:00pm* *Trainer: Lora Bruce* **CA # 111306**

Helping Families Prepare For the Court Process

This training will teach employees and foster parents what to expect during the court process while in foster care.

- *September 23, 2021* *12:00pm-1:00pm* *Trainer: Renee Lilley* **CA # 111338**
- *September 29, 2021* *5:00pm-6:00pm* *Trainer: Renee Lilley* **CA # 111339**

Caring For Teens

This training will help you as a parent understand our teenager's experiences and needs so that you can respond with practical strategies that foster healthy development. These strategies include approaches that acknowledge trauma and loss, support effective communication, promote a teen's independence, and address behavior and mental health concerns. Participants will also learn six key steps to prepare for taking in teenagers.

- *September 16, 2021* *12:00pm-1:00pm* *Trainer: Hettie Wilson* **CA # 111327**