**March 2022 Between Families Newsletter Ongoing Trainings**

**Adverse Childhood Experiences (ACEs)**

Participants will learn about the ACE study and the examined long-term impacts of various childhood traumatic experiences. This study found long term mental and physical consequences related to 2 or more adverse experiences. They will also learn more about the ACE study and how to help children navigate trauma in a proactive and healing way.

* *March 23, 2022 12:00pm-1:30pm Trainer: Lora Bruce*

**Creating Discipline and Appropriate Behaviors**

Participants will gain an understanding of how to use effective discipline, set appropriate boundaries, and how to be flexible when parenting foster children.

* *March 16, 2022 12:30pm-1:30pm Trainer: Lora Bruce*
* *April 18, 2022 5:30pm-6:30pm Trainer: Lora Bruce*

**Food Insecurities In Children**

Participants will be able to define food insecurity, define and identify food insecurity behaviors in children, learn contributing factors that lead to food insecurity, and learn interventions and strategies to reduce food insecurity behaviors.

* *March 24, 2022 12:00pm-1:00pm Trainer: Renee Lilley*

**Reporting and Recognizing Child Abuse and Neglect**

The focus of this training will cover the definitions and types of abuse and neglect. We’ll review the signs and symptoms of abuse and neglect as well as mandated reporting. This training includes protective factors to minimize risks and improve resilience in children.

* *April 19, 2022 11:00am-1:00pm Trainer: Renee Lilley*