**JULY 2022 BETWEEN FAMILIES NEWSLETTER – ONGOING TRAININGS**

**Adverse Childhood Experiences (ACEs)**

Participants will learn about the ACE study and the examined long-term impacts of various childhood traumatic experiences. This study found long term mental and physical consequences related to 2 or more adverse experiences. They will also learn more about the ACE study and how to help children navigate trauma in a proactive and healing way.

* *July 8, 2022 12:00pm-1:30pm Trainer: Renee Lilley*
* *August 2, 2022 11:00am-12:30pm Trainer: Renee Lilley*



**Trauma 101**

Trauma Definitions and Types

* Define acute, chronic, complex, racial, historical, and intergenerational trauma

Impact of Trauma/Development and Trauma

* Recognize the relationship between a child’s lifetime trauma history and their behaviors and responses
* Understand how cultural factors influence how a child may identify, interpret, and respond to traumatic events
* Understand how traumatic experiences affect development throughout the lifespan

Safety, Permanency, and Well-Being

* Recognize the importance of trauma-informed practices in achieving safety, permanency, and well-being for children and families in the child welfare system

Resilience

* Identify internal and external factors that promote healing and resilience among children who have been impacted by trauma

* *July 16, 2022 9:00am-1:00pm Trainer: DeAnna Colahan*
* *August 20, 2022 9:00am-1:00pm Trainer: DeAnna Colahan*



**Creating Discipline and Appropriate Behaviors**

Participants will gain strategies of how to use effective discipline and ways to build a relationship with a child during times of tantrums. Discuss how, why, and importance of setting appropriate boundaries.

* *August 5, 2022 12:00pm-1:30pm Trainer: Kayla Patton*



**Parenting Children With Special Needs**

Gain an understanding of the most common types of special needs; physical, development, behavioral/emotional, and sensory impaired. Participants will understand the different approaches being a parent with a special needs child. Discuss parenting styles to understand what the best style for a child.

* *August 13, 2022 9:00am-10:00am Trainer: Marion Morris*

