



## Training Opportunities September/October 2022

*The TFI Family Services Training Department is happy to provide a bi-monthly list of exciting and informative in-person and webinar trainings. Please share the list with your foster parents, adoptive parents, those interested in foster/adoption, and any child welfare professionals who may be interested in attending.*

### **Training Enrollment**

#### **Kansas**

TFI/MNS staff members should enroll through Agency Academy on LMS365 as well as Kansas Children's Alliance. Foster parents, and other child welfare professionals should enroll through the Kansas Children's Alliance website – [learn.childdaily.org/account/login](https://learn.childdaily.org/account/login). A free account is required to enroll on the CA site. If you do not have an account, please select the "Create Account" option on their training page. When prompted for a code, use **learn**. You will receive an automated e-mail confirming your enrollment as well as the webinar information for the training.

#### **Other States**

TFI/MNS staff members should enroll through Agency Academy on LMS365. Foster parents and other child welfare professionals located outside of Kansas should enroll through the MNS website. To sign up for a free training go to <https://mnstraining.eventbrite.com>. Once you have selected the class(es) you want, enter **TFI** as the promotional code at checkout. You will receive an automated e-mail confirming your enrollment. A separate e-mail will be sent from the trainer with your login information approximately 24 hours prior to the start time.

*If you do not receive the link to your class by the morning of the training, or you have any questions or concerns, please e-mail our Training Department at [KSPTStaff@tfifamily.org](mailto:KSPTStaff@tfifamily.org).*



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## Training Opportunities September/October 2022

### LIVE WEBINAR TRAININGS

#### **Abusive Head Trauma**

Participants will learn about the warning signs which lead up to Shaken Baby Syndrome and how to care for children placed in foster care who have suffered from abusive head trauma.

- *September 12, 2022*                      7:00pm-8:00pm                      *Trainer: DeAnna Colahan*
- *October 3, 2022*                         7:00pm-8:00pm                      *Trainer: DeAnna Colahan*

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#### **Adverse Childhood Experiences (ACEs)**

Participants will learn about the ACE study and the examined long-term impacts of various childhood traumatic experiences. This study found long term mental and physical consequences related to 2 or more adverse experiences. They will also learn more about the ACE study and how to help children navigate trauma in a proactive and healing way.

- *September 28, 2022*                      12:30pm-2:00pm                      *Trainer: Kayla Patton*
- *October 24, 2022*                         11:30am-1:00pm                      *Trainer: Renee Lilley*

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#### **Aggressive Behaviors: Understanding and Managing**

This training will help the audience to understand aggressive behaviors and anger in children. Understand underlying issues that can cause aggressive behaviors. Help the audience to recognize the aggression process in a child and identify ways to work with the child through that process. Provide crisis intervention/management, parenting strategies, and techniques to help with aggressive children, as well as, all other children. Provide information on different forms of discipline and its role in teaching children to become self-disciplined and make healthy choices.

- *September 6, 2022*                         11:30am-12:30pm                      *Trainer: Renee Lilley*

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#### **Creating Discipline and Appropriate Behaviors**

Participants will gain strategies of how to use effective discipline and ways to build a relationship with a child during times of tantrums. Discuss how, why, and importance of setting appropriate boundaries.

- *September 26, 2022*                         12:00pm-1:30pm                      *Trainer: Renee Lilley*



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## Training Opportunities September/October 2022

### Domestic Violence and Child Development

Participants will leave this training with a clear understanding of domestic violence; what constitutes domestic violence, statistics concerning victims of domestic violence, and the cycle of domestic violence. Participants will also be provided with information concerning the impact of domestic violence on children and child development, including the possibility of children exposed to domestic violence growing to become perpetrators and victims of domestic violence in adulthood.

- *September 3, 2022*                      *9:30am-10:30am*                      *Trainer: Kayla Patton*

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### Domestic Violence In Teen Dating

Participants will be able to define dating, learn various risk factors of domestic violence in teen dating, identify types of violence teens encounter through dating, gain understanding of the long-term effects of violence on teens, and acquire prevention strategies to reduce domestic violence in teen dating.

- *October 20, 2022*                      *5:00pm-6:00pm*                      *Trainer: Renee Lilley*

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### Emotional Resilience

Participants will recognize the effects of stress and define Emotional Resilience. Additionally, learners will be able to identify attitudes of resilience and how resilience works. Much of the presentation focuses on learning the keys to increasing emotional intelligence, as well as pinpointing strategies to teach resilience to children. Finally, learners will acquire resilience and make a lasting change.

- *October 18, 2022*                      *11:00am-1:00pm*                      *Trainer: Renee Lilley*

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### Food Insecurities In Children

Participants will be able to define food insecurity, define and identify food insecurity behaviors in children, learn contributing factors that lead to food insecurity, and learn interventions and strategies to reduce food insecurity behaviors.

- *October 13, 2022*                      *5:00pm-6:00pm*                      *Trainer: Renee Lilley*



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## Training Opportunities September/October 2022

### Identifying Learning Strengths In Children

Participants will understand the 3 main types of learning styles (Visual, Auditory and Kinesthetic) and acquire strategies to use with each type of strength to make learning easier.

- *September 13, 2022*                      *12:00pm-1:00pm*                      *Trainer: Renee Lilley*

### Improving Foster Placement Stability

Participants will be able to define disruption and learn factors that contribute to disruptions in foster care. Participants will gain an understanding in why disruptions occur and be able to recognize the stages of disruption. Finally, participants will learn ways to prevent disruptions and strategies to improve placement stability.

- *September 26, 2022*                      *11:30am-12:30pm*                      *Trainer: Kayla Patton*
- *October 5, 2022*                      *7:00pm-8:00pm*                      *Trainer: Kayla Patton*

### Internet Safety

Participants can learn tips to help keep children safe while using the internet. Learn about the privacy settings, and which ones are best suitable for you. Learn tips to help keep children safe while using the internet and the different safety measures available.

- *October 5, 2022*                      *11:30am-12:30pm*                      *Trainer: Renee Lilley*

### LGBTQ Youth In Care

This training gives participants the opportunity to gain understanding into the importance of working effectively with LGBTQ youth and to build knowledge in the basic facts about the LBGTO youth and the issues they face. Participants will be able to identify best practices to utilize in congregate care and foster care to support LGBTQ youth.

- *September 26, 2022*                      *7:00pm-8:30pm*                      *Trainer: DeAnna Colahan*
- *October 12, 2022*                      *12:00pm-1:30pm*                      *Trainer: Renee Lilley*
- *October 20, 2022*                      *7:00pm-8:30pm*                      *Trainer: DeAnna Colahan*



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## Training Opportunities September/October 2022

### Mental Health Basics

Participants will be able to identify stigma and/or assumptions about mental illness diagnosis; understand basic mental health diagnosis, symptoms and common treatments; and learn how to apply strategies and coping skills to manage behavior and symptoms.

- *October 19, 2022*                                      *12:30pm-2:00pm*                                      *Trainer: Kayla Patton*

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### Normalcy and Child Development

"Normalcy" refers to allowing youth in out-of-home care to experience childhood and adolescence in ways similar to their peers not in foster care. This course will help you understand the need for children in your care to experience normalcy. After this training you will be able to:

- Define normalcy.
- Discuss reasonable and prudent parenting.
- Determine activities that are right for a child's age.
- Recognize that normal activities are important to all children and teens.

- *September 14, 2022*                                      *12:30pm-1:30pm*                                      *Trainer: Renee Lilley*

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### Partnering For A Successful Court Process (Kansas only)

This training will teach foster parents what to expect during the court process while in foster care.

- *October 8, 2022*                                      *9:30am-10:30am*                                      *Trainer: Kayla Patton*

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### Preparing Foster Children For Independent Living

This training will provide participants with information about supporting foster children as they prepare to age out of the foster care system. Participants will be provided with the knowledge they need to understand the child's transition plan and how to effectively support them in completing tasks outlined in the plan. Participants will also gain knowledge about supportive resources to help children successfully transition from foster care to adulthood.

- *September 6, 2022*                                      *7:00pm-8:00pm*                                      *Trainer: Kayla Patton*
- *October 17, 2022*                                      *11:30am-12:30pm*                                      *Trainer: Kayla Patton*





## Training Opportunities September/October 2022

### Reporting and Recognizing Child Abuse and Neglect

The focus of this training will cover the definitions and types of abuse and neglect. We'll review the signs and symptoms of abuse and neglect as well as mandated reporting. This training includes protective factors to minimize risks and improve resilience in children.

- *September 22, 2022*                      7:00pm-9:00pm                      *Trainer: DeAnna Colahan*
- *October 24, 2022*                      7:00pm-9:00pm                      *Trainer: DeAnna Colahan*

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### Runaway Behaviors

Learning Objectives: • Identify the occurrence of runaway behaviors • Learn about the risk factors and predictors of runaway behaviors • Gain understanding into why runaway behaviors are an option to at risk youth • Learn coping strategies that providers can teach youth as proactive measures to prevent runaway behaviors.

- *September 19, 2022*                      11:00am-1:00pm                      *Trainer: Renee Lilley*

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### Safe Sleep For Caregivers

The goal of safe sleep training is to prepare parents, foster parents, and caregivers about safe infant sleep practices.

- *September 20, 2022*                      5:00pm-6:00pm                      *Trainer: Renee Lilley*

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### Sexting: What Parents Should Know

This training will provide participants with information about sexting including statistic, legal concerns, cell phone contracts, and provide suggestions on ways to minimize concern.

- *September 2, 2022*                      11:30am-12:30pm                      *Trainer: Kayla Patton*



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# Training Opportunities

September/October 2022

### Substance Abuse In Adolescents

This training will provide participants with information about substance abuse with an emphasis on adolescent usage. Participants will be provided with the knowledge needed to understand substance abuse, recognize the signs of use, understand the addiction, treatment, and recovery process, and be provided useful tips for assisting adolescence in making healthy choices and working through substance abuse problems.

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| <i>October 25, 2022</i> | <i>12:30pm-2:00pm</i> | <i>Trainer: Kayla Patton</i> |
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### Substance Abuse In Adults

This training will provide participants with information about substance abuse. Participants will be provided with the knowledge needed to understand substance abuse, recognize the signs of use, understand the addiction, treatment and recovery process, and be provided useful tips for assisting in making healthy choices and working through substance abuse problems.

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| <i>September 8, 2022</i> | <i>12:30pm-2:00pm</i> | <i>Trainer: Kayla Patton</i> |
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| <i>October 28, 2022</i> | <i>12:30pm-2:00pm</i> | <i>Trainer: Kayla Patton</i> |
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### Trauma 101

Trauma Definitions and Types

- Define acute, chronic, complex, racial, historical, and intergenerational trauma

Impact of Trauma/Development and Trauma

- Recognize the relationship between a child's lifetime trauma history and their behaviors and responses
- Understand how cultural factors influence how a child may identify, interpret, and respond to traumatic events
- Understand how traumatic experiences affect development throughout the lifespan

Safety, Permanency, and Well-Being

- Recognize the importance of trauma-informed practices in achieving safety, permanency, and well-being for children and families in the child welfare system

Resilience

- Identify internal and external factors that promote healing and resilience among children who have been impacted by trauma

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| <i>September 10, 2022</i> | <i>9:00am-1:00pm</i> | <i>Trainer: DeAnna Colahan</i> |
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| <i>October 15, 2022</i> | <i>9:00am-1:00pm</i> | <i>Trainer: DeAnna Colahan</i> |
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## Training Opportunities September/October 2022

### TRAINER BIOGRAPHIES

**Renee Lilly** is a Training Specialist in Area 8 out of the Wichita, KS office for TFI Family Services. Renee holds a B.S. in Psychology with an emphasis in Child Development from Wichita State University. Renee has 15 years of expertise training in Child Welfare and Child Development. She has experience as a Foster Care worker and has worked in Parent Education, Kinship care, and Child Care Resource and Referral. She is also a certified MAPP/DT instructor and certified Safe Sleep instructor through the KIDS Network.

**Kyleen Condon** is a Permanency Supervisor in Area 8 out of the Wichita, KS office for TFI Family Services. Kyleen holds a B.A. Social Work and a B.A. in Psychology. She additionally is a Licensed Social Worker. Kyleen has 8 years of Child Welfare Experience between working at the Department of Children and Families, and with the State Reintegration Contract. Kyleen has an immense passion for working with victims of Human Trafficking and carried a Human Trafficking case load in her time as a Reintegration Social Worker. Kyleen continues to serve this population while at TFI as a member of their Rapid Response Team that partners with DCF and law enforcement to complete Human Trafficking Assessments on youth that are at risk for victimization.

**Kayla Patton** is a Training Specialist in Area 4 out of the Independence, KS office for TFI Family Services. Kayla holds a B.S in Social Work with a minor in Gender, Women, and Sexualities Studies. She is additionally a Licensed Social Worker. Kayla has 5 years of experience working for Child Welfare including experience in Reintegration Case Management, Foster Care Homes, Kinship, and Recruitment. Kayla also has 2 years of experience in Mental Health, and is a CPR/First Aid instructor, as well as a MAPP/DT certified instructor.

**DeAnna Colahan** is a contract Trainer for TFI Family Services in Topeka, Kansas. She also provides pre-service trainings for NTDC. In addition to training, Deanna has run a trauma informed daycare for over 11 years. She also is a KAAC (Kansas Adoption Advisory Council) board member, runs a foster/adoptive parent support group, and operates Open Heart Outreach, which distributes clothing to families in need and support and necessities to foster/adoptive families.



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