**October Training Sessions**

**Substance Abuse In Adolescents 10/25/2022,12:30 p.m. to 2:00 p.m.**

**Trainer: Kayla Patton**

This training will provide participants with information about substance abuse with an emphasis on adolescent usage. Participants will be provided with the knowledge needed to understand substance abuse, recognize the signs of use, understand the addiction, treatment, and recovery process, and be provided useful tips for assisting adolescence in making healthy choices and working through substance abuse problems.

**Food Insecurities In Children 10/27/2022, 5:00 p.m. to 6:00 p.m.**

**Trainer: Renee Lilley**

Participants will be able to define hoarding, define and identify food hoarding behavior in children, learn contributing factors that lead to food hoarding, and learn interventions and strategies to reduce food hoarding behaviors.

**Caring For Teens  11/5/2022, 9:30 a.m. to 10:30 a.m.**

**Trainer: Kayla Patton**

This training will help you as a parent understand your teenager’s experiences and needs so that you can respond with practical strategies that foster healthy development. These strategies include approaches that acknowledge trauma and loss, support effective communication, promote a teen’s independence, and address behavior and mental health concerns. Participants will also learn six key steps to prepare for taking in teenagers.

**Parenting Children With Special Needs 11/15/2022, 5:00 p.m. to 6:00 p.m.**

**Trainer: Renee Lilley**

Gain an understanding of the most common types of special needs; physical, development, behavioral/emotional, and sensory impaired. Participants will understand the different approaches being a parent with a special needs child. Discuss parenting styles to understand what the best style for a child.

**Improving Foster Placement Stability  11/22/22, 7:00p.m. to 8:00 p.m.**

**Trainer: DeAnna Colahan**

Participants will be able to define disruption and learn factors that contribute to disruptions in foster care. Participants will gain an understanding in why disruptions occur and be able to recognize the stages of disruption. Finally, participants will learn ways to prevent disruptions and strategies to improve placement stability.