



## Training Opportunities November/December 2022

*The TFI Family Services Training Department is happy to provide a bi-monthly list of exciting and informative in-person and webinar trainings. Please share the list with your foster parents, adoptive parents, those interested in foster/adoption, and any child welfare professionals who may be interested in attending.*

### **Training Enrollment**

#### **Kansas**

TFI/MNS staff members should enroll through Agency Academy on LMS365 as well as Kansas Children's Alliance. Foster parents, and other child welfare professionals should enroll through the Kansas Children's Alliance website – [learn.childdaily.org/account/login](https://learn.childdaily.org/account/login). A free account is required to enroll on the CA site. If you do not have an account, please select the "Create Account" option on their training page. When prompted for a code, use **learn**. You will receive an automated e-mail confirming your enrollment as well as the webinar information for the training.

#### **Other States**

TFI/MNS staff members should enroll through Agency Academy on LMS365. Foster parents and other child welfare professionals located outside of Kansas should enroll through the MNS website. To sign up for a free training go to <https://mnstraining.eventbrite.com>. Once you have selected the class(es) you want, enter **TFI** as the promotional code at checkout. You will receive an automated e-mail confirming your enrollment. A separate e-mail will be sent from the trainer with your login information approximately 24 hours prior to the start time.

*If you do not receive the link to your class by the morning of the training, or you have any questions or concerns, please e-mail our Training Department at [KSPTStaff@tfifamily.org](mailto:KSPTStaff@tfifamily.org).*



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## Training Opportunities November/December 2022

### LIVE WEBINAR TRAININGS

#### **Abusive Head Trauma**

The objective of this training for those caring for children ages 0-3 about the important aspects of Early Brain Development, the risks associated with sudden infant death syndrome, and Shaken Baby Syndrome.

- *November 7, 2022*                      *7:00pm-8:00pm*                      *Trainer: DeAnna Colahan*
- *December 13, 2022*                      *7:00pm-8:00pm*                      *Trainer: DeAnna Colahan*

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#### **Aggressive Behaviors: Understanding and Managing**

This training will help the audience to understand aggressive behaviors and anger in children. Understand underlying issues that can cause aggressive behaviors. Help the audience to recognize the aggression process in a child and identify ways to work with the child through that process. Provide crisis intervention/management, parenting strategies, and techniques to help with aggressive children, as well as, all other children. Provide information on different forms of discipline and its role in teaching children to become self-disciplined and make healthy choices.

- *December 15, 2022*                      *12:30pm-1:30pm*                      *Trainer: Renee Lilley*

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#### **Caring For Teens**

This training will help you as a parent understand your teenager's experiences and needs so that you can respond with practical strategies that foster healthy development. These strategies include approaches that acknowledge trauma and loss, support effective communication, promote a teen's independence, and address behavior and mental health concerns. Participants will also learn six key steps to prepare for taking in teenagers.

- *November 5, 2022*                      *9:30am-10:30am*                      *Trainer: Kayla Patton*
- *December 5, 2022*                      *11:30am-12:30pm*                      *Trainer: Renee Lilley*

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#### **Creating Discipline and Appropriate Behaviors**

Participants will gain strategies of how to use effective discipline and ways to build a relationship with a child during times of tantrums. Discuss how, why, and importance of setting appropriate boundaries.

- *December 20, 2022*                      *12:30pm-2:00pm*                      *Trainer: Renee Lilley*



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## Training Opportunities November/December 2022

### Domestic Violence and Child Development

Participants will leave this training with a clear understanding of domestic violence; what constitutes domestic violence, statistics concerning victims of domestic violence, and the cycle of domestic violence. Participants will also be provided with information concerning the impact of domestic violence on children and child development, including the possibility of children exposed to domestic violence growing to become perpetrators and victims of domestic violence in adulthood.

- *November 8, 2022*                      *5:30pm-6:30pm*                      *Trainer: Kayla Patton*
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### Domestic Violence In Teen Dating

Participants will be able to define dating, learn various risk factors of domestic violence in teen dating, identify types of violence teens encounter through dating, gain understanding of the long-term effects of violence on teens, and acquire prevention strategies to reduce domestic violence in teen dating.

- *December 21, 2022*                      *12:00pm-1:00pm*                      *Trainer: Kayla Patton*
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### Emotional Resilience

Participants will recognize the effects of stress and define Emotional Resilience. Additionally, learners will be able to identify attitudes of resilience and how resilience works. Much of the presentation focuses on learning the keys to increasing emotional intelligence, as well as pinpointing strategies to teach resilience to children. Finally, learners will acquire resilience and make a lasting change.

- *November 14, 2022*                      *11:00am-1:00pm*                      *Trainer: Renee Lilley*
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### Identifying Learning Strengths In Children

Participants will understand the 3 main types of learning styles (Visual, Auditory and Kinesthetic) and acquire strategies to use with each type of strength to make learning easier.

- *November 10, 2022*                      *12:00pm-1:00pm*                      *Trainer: Renee Lilley*
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## Training Opportunities November/December 2022

### Improving Foster Placement Stability

Participants will be able to define disruption and learn factors that contribute to disruptions in foster care. Participants will gain an understanding in why disruptions occur and be able to recognize the stages of disruption. Finally, participants will learn ways to prevent disruptions and strategies to improve placement stability.

- *November 22, 2022*                      *7:00pm-8:00pm*                      *Trainer: DeAnna Colahan*
- *December 20, 2022*                      *7:00pm-8:00pm*                      *Trainer: DeAnna Colahan*

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### LGBTQ Youth In Care

This training gives participants the opportunity to gain understanding into the importance of working effectively with LGBTQ youth and to build knowledge in the basic facts about the LGBTQ youth and the issues they face. Participants will be able to identify best practices to utilize in congregate care and foster care to support LGBTQ youth.

- *November 23, 2022*                      *11:30am-1:00pm*                      *Trainer: Renee Lilley*

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### Mental Health Basics

Participants will be able to identify stigma and/or assumptions about mental illness diagnosis; understand basic mental health diagnosis, symptoms and common treatments; and learn how to apply strategies and coping skills to manage behavior and symptoms.

- *December 13, 2022*                      *11:30am-1:00pm*                      *Trainer: Kayla Patton*

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### Parenting Children With Special Needs

Participants will gain an understanding of the most common types of special needs: physical, development, behavioral/emotional, and sensory impaired. Participants will also learn the different approaches to being a parent with a special needs child. Discussion will be held on parenting styles to understand what the best style is for a child.

- *November 15, 2022*                      *5:00pm-6:00pm*                      *Trainer: Renee Lilley*



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## Training Opportunities November/December 2022

### Partnering For A Successful Court Process (Kansas only)

This training will teach foster parents what to expect during the court process while in foster care.

- *December 3, 2022*                      *9:30am-10:30am*                      *Trainer: Kayla Patton*

### Preparing Foster Children For Independent Living

This training will provide participants with information about supporting foster children as they prepare to age out of the foster care system. Participants will be provided with the knowledge they need to understand the child's transition plan and how to effectively support them in completing tasks outlined in the plan. Participants will also gain knowledge about supportive resources to help children successfully transition from foster care to adulthood.

- *November 10, 2022*                      *11:00am-12:00pm*                      *Trainer: Kayla Patton*
- *December 6, 2022*                      *5:00pm-6:00pm*                      *Trainer: Renee Lilley*
- *December 16, 2022*                      *1:00pm-2:00pm*                      *Trainer: Kayla Patton*

### PTSD In Children and Teens

Participants will be able to define PTSD as it pertains to children and teens. Additionally, participants will gain understanding into the events that lead to PTSD in children and be able to identify the signs and symptoms of this diagnosis. Risk factors and protective factors that may influence a child's likelihood of experiencing PTSD will be identified. Participants will be able to recognize the various ways PTSD can affect children and teens and acquire skills in responding to a child's PTSD reaction. Finally, participants will learn ways to treat and prevent PTSD in children.

- *November 18, 2022*                      *11:00am-12:00pm*                      *Trainer: Kayla Patton*



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## Training Opportunities November/December 2022

### Reporting and Recognizing Child Abuse and Neglect

The focus of this training will cover the definitions and types of abuse and neglect. We'll review the signs and symptoms of abuse and neglect as well as mandated reporting. This training includes protective factors to minimize risks and improve resilience in children.

- *November 4, 2022*                      *11:30am-1:30pm*                      *Trainer: Kayla Patton*
- *November 15, 2022*                      *7:00pm-9:00pm*                      *Trainer: DeAnna Colahan*
- *December 15, 2022*                      *7:00pm-9:00pm*                      *Trainer: DeAnna Colahan*

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### Regulation Emotions

Learning Objectives: • Identify the occurrence of runaway behaviors • Learn about the risk factors and predictors of runaway behaviors • Gain understanding into why runaway behaviors are an option to at risk youth • Learn coping strategies that providers can teach youth as proactive measures to prevent runaway behaviors.

- *December 13, 2022*                      *5:30pm-6:30pm*                      *Trainer: Kayla Patton*

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### Runaway Behaviors

Learning Objectives: • Identify the occurrence of runaway behaviors • Learn about the risk factors and predictors of runaway behaviors • Gain understanding into why runaway behaviors are an option to at risk youth • Learn coping strategies that providers can teach youth as proactive measures to prevent runaway behaviors.

- *December 14, 2022*                      *11:00am-1:00pm*                      *Trainer: Renee Lilley*

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### Safe Sleep For Caregivers

The goal of safe sleep training is to prepare parents, foster parents, and caregivers about safe infant sleep practices.

- *November 17, 2022*                      *12:30pm-1:30pm*                      *Trainer: Renee Lilley*



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## Training Opportunities November/December 2022

### Self-Care For Foster Parents

The goal of this training is to provide foster parent with important information regarding the importance of self-care. The training will provide foster parents with information on the problems that can arise from not caring for themselves. Foster parents will be provided with definitions and signs and symptoms for the conditions of stress, burnout and secondary traumatic stress. Foster parents will be able to understand the need to watch for signs within themselves and how to develop a stress management plan, as well as other ways to combat stress, burnout and secondary traumatic stress.

- *November 30, 2022*                      *11:00am-12:00pm*                      *Trainer: Renee Lilley*

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### Substance Abuse In Adolescents

This training will provide participants with information about substance abuse with an emphasis on adolescent usage. Participants will be provided with the knowledge needed to understand substance abuse, recognize the signs of use, understand the addiction, treatment, and recovery process, and be provided useful tips for assisting adolescence in making healthy choices and working through substance abuse problems.

- *December 7, 2022*                      *11:30am-12:30pm*                      *Trainer: Renee Lilley*

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### Substance Abuse In Adults

This training will provide participants with information about substance abuse. Participants will be provided with the knowledge needed to understand substance abuse, recognize the signs of use, understand the addiction, treatment and recovery process, and be provided useful tips for assisting in making healthy choices and working through substance abuse problems.

- *November 9, 2022*                      *12:00pm-1:30pm*                      *Trainer: Kayla Patton*
- *December 6, 2022*                      *11:00am-12:30pm*                      *Trainer: Kayla Patton*



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## Training Opportunities November/December 2022

### Suicide Prevention and Intervention

This training will help participants distinguish between self-harming behaviors and suicide. Youth protective factors and risk factors will be examined, and discussion will focus on identifying and operationalizing prevention/intervention strategies for youth at risk.

- *November 16, 2022*                      *1:00pm-2:00pm*                      *Trainer: Kayla Patton*
- *December 2, 2022*                      *11:00am-12:00pm*                      *Trainer: Kayla Patton*

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### Trauma 101

#### Trauma Definitions and Types

- Define acute, chronic, complex, racial, historical, and intergenerational trauma

#### Impact of Trauma/Development and Trauma

- Recognize the relationship between a child's lifetime trauma history and their behaviors and responses
- Understand how cultural factors influence how a child may identify, interpret, and respond to traumatic events
- Understand how traumatic experiences affect development throughout the lifespan

#### Safety, Permanency, and Well-Being

- Recognize the importance of trauma-informed practices in achieving safety, permanency, and well-being for children and families in the child welfare system

#### Resilience

- Identify internal and external factors that promote healing and resilience among children who have been impacted by trauma

- *November 12, 2022*                      *9:00am-1:00pm*                      *Trainer: DeAnna Colahan*
- *December 10, 2022*                      *9:00am-1:00pm*                      *Trainer: DeAnna Colahan*



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### TRAINER BIOGRAPHIES

**Renee Lilly** is a Training Specialist in Area 8 out of the Wichita, KS office for TFI Family Services. Renee holds a B.S. in Psychology with an emphasis in Child Development from Wichita State University. Renee has 15 years of expertise training in Child Welfare and Child Development. She has experience as a Foster Care worker and has worked in Parent Education, Kinship care, and Child Care Resource and Referral. She is also a certified MAPP/DT instructor and certified Safe Sleep instructor through the KIDS Network.

**Kyleen Condon** is a Permanency Supervisor in Area 8 out of the Wichita, KS office for TFI Family Services. Kyleen holds a B.A. Social Work and a B.A. in Psychology. She additionally is a Licensed Social Worker. Kyleen has 8 years of Child Welfare Experience between working at the Department of Children and Families, and with the State Reintegration Contract. Kyleen has an immense passion for working with victims of Human Trafficking and carried a Human Trafficking case load in her time as a Reintegration Social Worker. Kyleen continues to serve this population while at TFI as a member of their Rapid Response Team that partners with DCF and law enforcement to complete Human Trafficking Assessments on youth that are at risk for victimization.

**Kayla Patton** is a Training Specialist in Area 4 out of the Independence, KS office for TFI Family Services. Kayla holds a B.S in Social Work with a minor in Gender, Women, and Sexualities Studies. She is additionally a Licensed Social Worker. Kayla has 5 years of experience working for Child Welfare including experience in Reintegration Case Management, Foster Care Homes, Kinship, and Recruitment. Kayla also has 2 years of experience in Mental Health, and is a CPR/First Aid instructor, as well as a MAPP/DT certified instructor.

**DeAnna Colahan** is a contract Trainer for TFI Family Services in Topeka, Kansas. She also provides pre-service trainings for NTDC. In addition to training, Deanna has run a trauma informed daycare for over 11 years. She also is a KAAC (Kansas Adoption Advisory Council) board member, runs a foster/adoptive parent support group, and operates Open Heart Outreach, which distributes clothing to families in need and support and necessities to foster/adoptive families.



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