

TRAINING OPPORTUNITIES

April – June 2025

The TFI Family Services Training Department is pleased to present a quarterly list of exciting and informative trainings. Please share the list with any current or potential foster or adoptive parents, relative or kinship providers, or child welfare professionals who may be interested in attending.

All trainings are virtual unless otherwise specified in the training description.

Training Enrollment

Kansas

TFI/MNS staff members should enroll through the agency learning management system, as well as through the Kansas Children's Alliance site. Foster/adoptive parents, relative/kinship providers, and other child welfare professionals should enroll through the Kansas Children's Alliance website at learn.childdaily.org/account/login. A free account is required to enroll. If you do not have an account, please select the "Create Account" option on their training page. When prompted for a code, please use **LEARN**. You will receive an automated e-mail confirming your enrollment, as well as the link and additional information for the training(s) you have selected.

Other States

TFI/MNS staff members should enroll through the agency learning management system. Foster/adoptive parents, relative/kinship providers, and other child welfare professionals located outside of Kansas should enroll through EventBrite at <https://mnstraining.eventbrite.com>. Once you have selected the class(es) you want, enter **TFI** as the promotional code at checkout. You will receive an automated e-mail confirming your enrollment. A separate e-mail will be sent from the trainer with your login information approximately 24 hours prior to the start time.

****Per Children's Alliance: Cameras are required to be on during all virtual trainings.****

If you do not receive the link to your class by the morning of the training, or you have any questions or concerns, please e-mail our Training Department at KSPTStaff@tfifamily.org.

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LIVE WEBINAR TRAININGS

ACE (Adverse Childhood Experiences)

Participants will learn about the ACE study and the examined long-term impacts of various childhood traumatic experiences. This study found long term mental and physical consequences related to 2 or more adverse experiences. They will also learn how to help children navigate trauma in a proactive and healing way.

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| • May 14, 2025 | 1:00pm-2:30pm | Trainer: Jocelyn Goerzen | CA # 13197 |
| • June 24, 2025 | 10:00am-11:30am | Trainer: Renee Lilley | CA # 13255 |

Aggressive Behaviors: Understanding and Managing

This training will help the audience to understand aggressive behaviors and anger in children; understand underlying issues that can cause aggressive behaviors; help the audience to recognize the aggression process in a child and identify ways to work with the child through that process; provide crisis intervention/management, parenting strategies, and techniques to help with aggressive children, as well as, all other children; and provide information on different forms of discipline and its role in teaching children to become self-disciplined and make healthy choices.

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| • April 9, 2025 | 9:30am-10:30am | Trainer: Kayla Patton | CA # 13138 |
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Attachment, Separation, Grief, and Loss

This training will identify the challenges of facing attachment, separation, grief, and loss due to the transitional nature of caring for foster children; examine the different attachment styles; assist foster parents in cultivating their abilities to be thoughtful and responsive to their foster child's needs; and identify coping skills and strategies for foster parents and children as they progress toward the formation of more healthy and secure attachments. Participants will also explore the 5 stages of grief, with examples of how they may be expressed in the foster care system; will gain knowledge in preventative measures; and will identify coping skills and resilience factors to manage grief and loss.

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| • April 11, 2025 | 1:00pm-2:30pm | Trainer: Jocelyn Goerzen | CA # 13145 |
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Creating Discipline and Appropriate Boundaries

Participants will gain strategies of how to use effective discipline and way to build a relationship with a child during times of tantrums. Discuss how, why, and importance of setting appropriate boundaries.

- April 24, 2025 12:30pm-2:00pm Trainer: Renee Lilley CA # 13164

Food Insecurities In Children

Participants will be able to define food insecurity, define and identify food insecurity behaviors in children, learn contributing factors that lead to food insecurity, and learn interventions and strategies to reduce food insecurity behaviors.

- April 1, 2025 12:30pm-2:00pm Trainer: Renee Lilley CA # 13122

Identifying Learning Strengths In Children

Participants will understand the 3 main types of learning styles (visual, auditory, and kinesthetic), and acquire strategies to use with each type of strength to make learning easier.

- May 6, 2025 1:00pm-2:00pm Trainer: Renee Lilley CA # 13181

Improving Foster Placement Stability

Participants will be able to define disruption and learn factors that contribute to disruptions in foster care. Participants will gain an understanding in why disruptions occur and be able to recognize the stages of disruption. Finally, participants will learn ways to prevent disruptions and strategies to improve placement stability.

- June 3, 2025 9:00am-10:30am Trainer: Jocelyn Goerzen CA # 13222

LGBTQ Youth In Care

This training gives participants the opportunity to gain understanding into the importance of working effectively with LGBTQ youth and to build knowledge in the basic facts about the LGBTQ youth and the issues they face. Participants will be able to identify best practices to utilize in congregate care and foster care to support LGBTQ youth.

- May 6, 2025 6:00pm-7:30pm Trainer: Jocelyn Goerzen CA # 13183

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Partnering For A Successful Court Process (**KS only**)

This training will teach foster parents what to expect during the court process while in foster care.

- April 5, 2025 9:00am-10:00am Trainer: Kayla Patton CA # 13130

Prevention of Peer-To-Peer Abuse

Participants will learn the essentials of preventing peer-to-peer abuse, how, when and where peer-to-peer abuse occurs, gain understanding on how adults contribute to the risks, which behavioral warning signs to watch for, how to distinguish between sexual curiosity and sexual abuse and acquire skills on how to detect and prevent peer-to-peer abuse and the importance of educating youth, staff, caregivers and volunteers on the scope of the sexual abuse problem and how to detect and prevent peer-to-peer abuse.

- May 20, 2025 1:00pm-2:30pm Trainer: Jocelyn Goerzen CA # 13206

PTSD In Children and Teens

Participants will be able to define PTSD as it pertains to children and teens. Additionally, participants will gain understanding into the events that lead to PTSD in children and be able to identify the signs and symptoms of this diagnosis. Risk factors and protective factors that may influence a child's likelihood of experiencing PTSD will be identified. Participants will be able to recognize the various ways PTSD can affect children and teens and acquire skills in responding to a child's PTSD reaction. Finally, participants will learn ways to treat and prevent PTSD in children.

- April 15, 2025 9:00am-10:00am Trainer: Jocelyn Goerzen CA # 13153
- June 7, 2025 11:30am-12:30pm Trainer: Jocelyn Goerzen CA # 13234

Regulating Emotions

This training teaches parents how to regulate their emotions while also finding ways to help those in their care deal with their feelings and emotions when times get tough. Strategies include 6 ways to boost emotional regulation skills and ways to identify the different types of expressive anger in children and youth. Looking at what's behind the anger while modeling appropriate reactions to behaviors will be the focus of this training.

- April 6, 2025 10:00am-11:00am Trainer: Jocelyn Goerzen CA # 13131
- June 17, 2025 3:30pm-4:30pm Trainer: Jocelyn Goerzen CA # 13249

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Runaway Behaviors

Learning Objectives: • Identify the occurrence of runaway behaviors • Learn about the risk factors and predictors of runaway behaviors • Gain understanding into why runaway behaviors are an option to at risk youth • Learn coping strategies that providers can teach youth as proactive measures to prevent runaway behaviors.

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| • April 29, 2025 | 10:00am-12:00pm | Trainer: Renee Lilley | CA # 13170 |
| • June 19, 2025 | 11:00am-1:00pm | Trainer: Renee Lilley | CA # 13253 |

Safe Sleep For Caregivers (SIDS Prevention)

The goal of safe sleep training is to prepare parents, foster parents, and caregivers about safe infant sleep practices.

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| • April 15, 2025 | 12:30pm-1:30pm | Trainer: Renee Lilley | CA # 13152 |
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Self-Care For Foster Parents

The goal of this training is to provide foster parents with important information regarding the importance of self-care. The training will provide foster parents with information on the problems that can arise from not caring for themselves. Foster parents will be provided with definitions and signs and symptoms for the conditions of stress, burnout, and secondary traumatic stress. Foster parents will be able to understand the need to watch for signs within themselves and how to develop a stress management plan, as well as other ways to combat stress, burnout, and secondary traumatic stress.

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| • May 3, 2025 | 10:30am-11:30am | Trainer: Jocelyn Goerzen | CA # 13178 |
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TRAINER BIOGRAPHIES

Kyleen Condon is a Permanency Supervisor at TFI Family Services who is dedicated to empowering social workers and foster parents with the knowledge and skills necessary to make a positive impact with the children and families they serve. With a career spanning over 10 years in social work practice, Kyleen brings a wealth of practical experience and insight to her training. Kyleen is a licensed social worker who holds a Master's Degree in Clinical Social Work from Fort Hays State University, with extensive experience in Kansas child welfare case management practices, special education, clinical practice, and serving victims of human trafficking. Her teaching style is characterized by a blend of theoretical knowledge, life experience, and practical application,

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preparing workers and caregivers to navigate complex social issues with empathy and professionalism. Kyleen believes in creating a supportive and inclusive learning environment where training participants are encouraged to have active engagement and dialogue. Beyond her professional commitments, Kyleen can be found playing competitive women's softball, enjoying the outdoors, and coaching her kids' sports teams.

Jocelyn Goerzen is a Training Specialist in Area 8 out of the Wellington, KS office for TFI Family Services. She has over two decades of experience in child welfare and mental health. Jocelyn has cultivated a deep commitment to fostering positive outcomes for children and families. Her professional journey in addition to her extensive experience as a foster parent for approximately 18 years includes various roles in a Qualified Residential Treatment Program (QRTP), spanning from working as a Mental Health Technician and advancing to supervisory positions and the Education and Independent Living Coordinator. She played a pivotal role in developing and implementing programs designed to support the educational and life skills needs of youth in care. Jocelyn's niche in Child Welfare is parenting teens that have lived in foster care and helping them adjust to post-adoption life. Jocelyn's career is distinguished by her hands-on experience and leadership in both direct care and program development, underscoring her expertise in the field of child welfare and her unwavering commitment to improving the lives of young people and their families.

Libby Hayden is the Administrative Training Specialist for all TFI programs and is based out of Overland Park. She has over 35 years working in child welfare and mental health services. Libby is best known for her experience in recruiting and developing foster families. She is a Certified MAPP and Deciding Together Leader who has helped numerous foster/adoptive families make an informed decision about parenting children who have experienced trauma. In her current role as training specialist, Libby has created and delivered training around best practice for workers. She brings energy and passion to all the topics she teaches. When she is not teaching, you will find her mentoring peers, helping others in the agency or co-leading the TQI Quality and Innovation group.

Renee Lilly is a Training Specialist in Area 8 out of the Wichita, KS office for TFI Family Services. Renee holds a B.S. in Psychology with an emphasis in Child Development from Wichita State University. Renee has 15 years of expertise training in Child Welfare and Child Development. She has experience as a Foster Care worker and has worked in Parent Education, Kinship care, and Child Care Resource and Referral. She is also a certified MAPP/DT instructor and certified Safe Sleep instructor through the KIDS Network.

Kayla Patton is a Training Specialist in Area 4 out of the Independence, KS office for TFI Family Services. Kayla holds a B.S. in Social Work with a minor in Gender, Women, and Sexualities Studies. She is additionally a Licensed Social Worker. Kayla has 7 years of experience working for Child Welfare including experience in Reintegration Case Management, Foster Care Homes, Kinship, and Recruitment. Kayla also has 2 years of experience in Mental Health, and is a CPR/First Aid instructor, as well as a MAPP/DT certified instructor.